



# INFORMATION

FOR PARTICIPANTS OF FIBA EUROPEAN  
WOMEN'S BASKETBALL SUMMIT –  
13<sup>th</sup> EDITION

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## 1. WELCOME

Dear Basketball Friends,



Welcome to the FIBA European Women's Basketball Summit.

Now in its 13<sup>th</sup> year, the annual trip to Postojna has become an established staple on the European basketball calendar. During this time, the camp has evolved extensively, becoming a camp not only for aspiring female youth players, but also for female referees and coaches.

The Summit will continue to lay the grassroots for the future of European women's basketball. I am certain that in years to come, the participants that we see here today will be playing in the EuroLeague Women, EuroCup Women and ultimately representing their respective countries.

The Summit also includes several additional goals, besides from female player development. This coming together also offers the opportunity for stakeholders in the women's basketball game to come together and discuss the direction that we envision taking our sport in the coming years. Europe continues to set the benchmark for women's basketball development and this is something we need to keep in mind as we make these decisions.

Of course, there is no better way to grow the game, and increase involvement than through word of mouth. By creating a memorable event for the participants, particularly the girls, they will return home, talk of the time they have had and encourage their friends to join in.

Finally, I would like to stress to all the girls, coaches and referees to use these coming days to not only focus on basketball, but also make the most of this opportunity to forge new friendships and create life-time memories.

All the best,

Kamil Novak  
FIBA Executive Director Europe



Dear basketball friends!



At Basketball Federation of Slovenia is already counting days to welcome you in country of European champions for 13<sup>th</sup> edition of FIBA European Women's Basketball Summit and to offer you, as always, best possible conditions for practices, games and accommodation in Postojna.

We are very proud that this summit has been organised for several years now and has big support from FIBA Europe and reputation among national federations of Europe. This year will be again huge number of countries; we will welcome more than 137 participants from 39 federations. With this project, we continue to promote women basketball in our country and develop it on a long-term strategy started in the past years, which was reflected with another great success of our

senior national team, who was for the second consecutive time part of the elite group of teams at the EuroBasket Women.

I wish you would have wonderful time in Postojna with good practices, a lot of quality spent time with your peers and that you will remember Slovenia as a wonderful country, full of nice people. This summit is your chance to show everybody your basketball talent, so use it as a big opportunity.

Enjoy!

Rašo Nesterović  
Basketball federation of Slovenia Secretary General

## 2. ABOUT THE FIBA EUROPEAN WOMEN'S BASKETBALL

### SUMMIT

The project started in 2007 and in Europe was running the project “Year of Women Basketball”. This year's event is already 13 in a row. It is not just for girls age 15 and younger but also for young female coaches and potential female referees. With the experts on each segment are prepared program for their needs.

This is the unique event in Europe where collected young players U15, female coaches and referees. We host many important guests during all years. Many players who participated in the past are national team's players now and already have won several medals at the Youth European Championship. Many referees who came in this event passed for FIBA referee and are nominated at the biggest event in Europe and World (Olympic Games, World Championships, EuroBasket Women, Euroleague Women Final Four,...).

More than 600 players, 330 coaches and 280 referees from 45 different federations were participating in 12 years.

With the players, coaches and referees are working experienced instructors and famous invited guests.



## 3. ABOUT SLOVENIA

### 3.1. GENERAL INFORMATION

**Area:** 20,273 km<sup>2</sup>

**Population:** 2,055,496

**Capital:** Ljubljana

**Biggest mountain:** Triglav (2,864 m)

**Independence Day:** 25<sup>th</sup> June 1991

**Language:** Slovenian

**Country code:** +386

**Time zone:** CET

**Currency:** Euro



Nestled in south-central Europe at the crossroads of the Mediterranean, the Alps, the Dinaric Alps and the Carpathian Basin, The Republic of Slovenia is renowned for its unique biological diversity.

Given Slovenia's relatively small size, the country is a perfect holiday destination with tourists able to tick off all major attractions in a matter of days. In one day it is possible to enjoy the Mediterranean seaside in the morning, before hitting the slopes of the Alps following lunch. The small size of Slovenia also made the country the perfect destination for EuroBasket 2013 which we organized in four cities and all fans were easily able access more than one city to follow their team and discovering beauty of our country.



## 4. ABOUT POSTOJNA

The **Postojna Commune** is situated in the southwestern part of Slovenia where the coast meets the interior. Being situated at the crossroad of important traffic links and because of its strategic position between Ljubljana, Trieste (Italy), Gorizia (Italy) and Rijeka (Croatia), Postojna soon became an administrative and business center of the Notranjska region.

With the discovery of the inner parts of the **Postojna cave** and their opening to the visitors, Postojna developed into a tourist town. Tourists like to visit the **Predjama Castle** as well as other caves in the surrounding countryside. Many **events** take place in Postojna in the summer months.



**Postojna Cave** is the best-known cave in the world. It is also the greatest tourist attraction in Slovenia and one of the world's largest karst monuments.

For 140 years, the Postojna Cave, as the only cave in the world, offers a unique and adventurous ride with a special train.

In cave was in 2012 Draw for EuroBasket 2013.



## 5. LEADERSHIP OF THE SUMMIT

### 5.1. RESPONSIBLE MANAGERS



**Elisabeth Cebrian-Scheurer**  
FIBA Representative



**Tiina Irene Sten**  
Summit Director



**Matevž Homovec**  
KZS Representative



**Tomo Tiringar**  
Technical Director (Postojna Sports Association)



**Lina Dečman Molan**  
General Manager



**Marko Molan**  
Technical & Logistic Manager

## 5.2. OTHER STAFF



**Aljaž Burger**  
Tehcnical & Logistic Assistant



**Klemen Sofrić**  
PR Assistant



**Klemen Vodopivec**  
PR Assistant



**Eva Gogala**  
Organisation Assistant



**Franja Hrovat**  
Organisation Assistant



**Manca Marolt**  
Organisation Assistant



**Tisa Gudžulić**  
Organisation Assistant



**Alma Potočnik**  
Physiotherapist



**Maša Svolfjšak**  
Physiotherapist

## 6. COACHING AND REFEREE INSTRUCTORS

### 6.1. COACHING INSTRUCTORS

#### **Janez Drvarič, FIBA Europe Coaching Education Manager & FIBA Europe Coaching Instructor**



- 1993: Head Coach Slovenian Men's National Team,
- 1975-1989: Head Coach or Assistant Coach of former Yugoslavian Men's National Teams with many medals from different Championships, Head Coach in various clubs in Slovenia, Croatia and Italy,
- since 2009: Permanent lecturer for the FIBA Europe Coaching Certificate,
- since 2007: Permanent Coaching Instructor at FIBA Europe International U15 Camp for Girls / FIBA European Women's Basketball Summit in Postojna, Slovenia,
- since 2015: Lecturer at the University Maribor Faculty of Education – Department of Sports Training – Basketball.

#### **Janne Schasmin, FIBA Europe Coaching**



- 1990-2005: Estonian National Team player, 9 time Estonian Womens Champion with playing experience from Finland and Australia,
- Youth basketball coach since 1995, multiple youth national championship titles from 2005-2016 including six Estonian Cup wins,
- Head coach in Estonian Womens Top league since 2005,
- 2006-2007: FIBA Europe „Year of Women`s Basketball „ Estonian representative,
- 2007-2017: Estonian youth national team head coach for different teams – U16, U18 and U20
- 2009-2011: FECC (Fiba European Coaching Certificate).
- 2014: ICAB (International Coaching Apprenticeship in Basketball) US
- 2017-: Estonian womens national team head coach
- 2018 Women Coach of the year, 2005 and 2016 Estonian Girls Youth Coach of the year.

### **Silvia Font, FIBA Europe Coaching Instructor**



- former professional player in First Division in Spain,
- Coaching experience: always working with females teams:
  - clubs: coaching youth and senior categories,
  - Assistant Coach of the different Spanish youth National Team categories (U14, U16, U18),
- responsible of the Catalan Basketball Federation talents program,
- 1992-2004: part of the staff responsible for “Siglo XXI”, Spanish youth talent center in Barcelona,
- 2004-2007: head coach of UB Barcelona, professional women’s team, winning 1 Liga,
- 2007-present: back to Siglo XXI, head coach of the U16 team and instructor of the Catalan Coaching School,
- 20 years’ experience in “Siglo XXI2” - with the U16 girls category, coaching 80% of the Spanish players participating on the different International youth categories.

### **Tatiana Gallová, FIBA Europe Coaching Instructor**



- 17 years of coaching experience with women and men teams of different age categories in 5 European countries (Slovakia, Denmark, Austria, Czech Republic and France) including youth and women National Teams of three countries: Slovakia (2013), Austria (2016, 2017, 2018) and Romania (2018- ),
- on a club level winning several national championships and cups with women and men teams in Austria and participant of CEWL, Champions League and FIBA Europe Cup with various youth team appearances in their leagues Final Fours.
- 2013-2015: finishing FECC program as best of the class/graduate,
- 2016: completing ICAB program at University of North Carolina at Chapel Hill,
- Former youth national team player of Slovakia,
- Master and doctor degree in coaching Basketball.

## 6.2. REFEREE INSTRUCTORS

### Susanna Karolina Andersson, FIBA Europe Referee Instructor



- 1989: started to do officiating,
- 1995: became a referee in finnish women's national league,
- 2000: became a first female referee in finnish men's national league,
- 2001: FIBA licence from Israel,
- 2003: Universiads in South Korea,
- 2005: Eurobasket in Turkey, Final four in Samara, Olympic games for Islamic countries in Teheran where I worked as a FIBA instructor with female referees,
- 2006: World cup in Brazil,
- 2007: Eurobasket Italy, Universiads in Thailand
- 2009: Universiads in Serbia,
- 2013: Eurobasket in France and Eurocup second final game,
- 2013-: every summer in some summer tournaments, normal games during the season in Europe and in Finland,
- 2019: FRIP course in Croatia.

### Özlem Yalman, FIBA Europe Referee Instructor



- Basketball player:
  - High school and university.
- Officiating:
  - 1999: in Turkish Basketball Federation,
  - 2004: upgraded to 1. League men,
  - 2011: Pass FIBA license,
  - 2017: Professional referee at Turkish Basketball Federation,
  - 2013: EUROBASKET FRANCE,
  - 2014: Women Eurocup final game,
  - 2015: EUROBASKET HUNGARY/ROMANIA,
  - 2016: Women Eurocup final game,
  - 2017: EUROBASKET CZECH REPUBLIC Final game,
  - 2019: Women Euroleague Final(Ekaterinburg – Dynamo Kursk 2019),
  - National youth games:
    - U20 Samsun 2013: final game,
    - U16 Udine/Italy 2016: finale game,
    - U20 Mathosinhos/Portugal 2016: final game,
    - U16 Bourges/France 2017: Final game,
    - U18 Mathosinos/Porto Portekiz: 2017 final game,
    - U16 Kaunas/Litvanya 2018: final game.

## 7. SUMMIT DIRECTOR

### TIINA IRENE STEN



- 2004-2008: St. John's University New York,
- 2008: LA Sparks training camp, Los Angeles, USA
- 2008-2009: C.B Islas Canarias, Spain,
- 2009-2010: Mann Filter Zaragoza, Spain,
- 2010-2011: Panionios Athens, Athens, Greece,
- 2011-2012: Sedis Cadi La Seu, Spain,
- 2012-2016: TSV Wasserburg, Germany,
- 2004-2016: National team of Finland, 102 games in junior and 104 games in senior level,
- 2018: FIBA Time Out,
- Work:
  - Currently working as a key account manager, in a sports marketing and communications, company
  - Own girls camp every summer with 100 young basketball players, the first camp in Finland that is only for girls,
  - Many other projects in the basketball and sports field.

WOMEN'S  
BASKETBALL  
SUMMIT

## 8. ACCOMODATION FOR PARTICIPANTS

### 8.1. FOR PLAYERS, COACHES AND REFEREES

#### Youth Hostel Proteus Postojna

Tržaška cesta 36,  
6230 Postojna  
+386 5 850 10 20

Hostel Proteus Postojna is in the center of Postojna, in midst of a huge park with more than a hundred kinds of various trees and bushes. It's in the dormitory building of the High school for foresters and woodworkers in Postojna. Hostel is 500m from the main bus



and  
1,5

km from the main train station. The main attraction - Postojnska jama is just 800 m away.

At the park, there are courts for basketball, handball, football, tennis, a race track and a children's playground.

Rooms in [Hostel Proteus Postojna](#) share two, three and four beds and have common bathrooms.

Participants will have 3 meals per day and snacks during the day. The lobby has a free internet access.

### 8.2. INSTRUCTORS AND GUESTS

#### Hotel Kras

Tržaška cesta 1,  
6230 Postojna  
+386 5 700 23 00

[Hotel Kras](#) with four stars is architecturally modern and exclusively furnished garni hotel which flaunt its prestige in the immediate vicinity of the world-famous natural sight Postojna Cave.

The hotel situated in the very center of Postojna. Meals except breakfast will be served in Hostel together with other participants.



## 9. ARRIVALS AND DEPARTURES

Arrival of the participants (expected): Thursday, 11<sup>th</sup> July, (around lunch or at least before 3 p.m.).

Departure of the delegations (expected): Monday, 15<sup>th</sup> July, after breakfast.

In case participants will arrive on Wednesday 10<sup>th</sup> July, have to borne extra expensive for additional day and this is 33 € per person. It is the same if participant will stay one day longer, until Tuesday, 16<sup>th</sup> July.

Payment of extra costs is needed to be done by bank transfer before arrival. Federation will get the invoice from the Hostel.

## 10. SHUTTLE FROM AND TO AIRPORTS

According to information about arrivals and departures time-schedule of shuttle transportation will be prepared few days (around 6<sup>th</sup> July) before summit will start and it will be sent to each participant by e-mail.

Organiser is responsible to arrange shuttle transport from Ljubljana airport, bus station or railway station, Trieste airport or railway station or Postojna railway station. From other destinations are an extra costs borne by each federations.

## 11. SUMMIT SCHEDULE

	DAY 1 / Thursday 11.7.			DAY 2 / Friday 12.7.			DAY 3 / Saturday 13.7.			DAY 4 / Sunday 14.7.		
	PLAYER	COACH	REFEREE	PLAYER	COACH	REFEREE	PLAYER	COACH	REFEREE	PLAYER	COACH	REFEREE
07:00	ARRIVAL TIME, CHECK IN			07:30-8:00 Breakfast		7:45-8:30 Physical preparation	07:30-8:00 Breakfast		7:45-8:30 Physical preparation	07:30-8:00 Breakfast		7:45-8:30 Physical preparation
08:00				8:30 GROUP MEETING - departure for the gym		8:30-9:00 Breakfast	8:30 GROUP MEETING - departure for the gym		8:30-9:00 Breakfast	8:30 GROUP MEETING - departure for the gym		8:30-9:00 Breakfast
09:00				9:00-12:00 WORKOUT		10:00-11:45 3PO Basics	9:00-12:00 WORKOUT		10:00-11:00 Play discussion feedback, games	9:00-12:00 WORKOUT		11:00-12:00 Mental preparation
10:00									10:00-11:00 Play discussion, feedback games			
11:00	12:00-15:00 LUNCH		12:00-13:30 3PO Basic GYM	12:30 LUNCH		12:00-13:00 Share experiences	12:30 LUNCH		12:00-13:00 Lunch and rest			
12:00				Rest till 14:00 (room)	13:30-14:00 Lunch and rest	Rest till 14:00 (room)	13:00-14:00 Lunch and rest	Rest till 14:00 (room)				
13:00	15:30 Opening of the summit		14:30- 15:30 -Players - Presentation and discussion - guest X. (Research of the guests)	14:00-14:45 Coaching clinic	14:00- 15:00 -Players & Coaches Presentation and discussion -Maria Stepanova (questions prepared)		14:00 GROUP PHOTO		15:00-19:00 Games finals / Competition finals			
14:00				15:00-15:45 Coaching clinic								15:00 3X3 games rules
15:00	Coaches, players & referees info meeting and distribution of groups		16:30-19:00 GAMES and competitions	16:00 Departure to the games		Do's and don'ts of social media	15:00-15:45 Coaching clinic	16:00 Departure to the games				
16:00	Ice breaking games in groups (gym)			16:30-19:00 GAMES and competitions		Feedback discussions						
17:00	17:00-19:00 Assessment of players (all in 1 gym)	17:00 Presentation Refrees and Instructors		19:30 Dinner		16:30-19:00 GAMES and competitions		Award & closing ceremony				
18:00	19:30 Dinner		19:30 Dinner			19:30 Dinner						
19:00	Players workshop - athletes healthy lifestyle. Basketball English glossary.	20:30-21:30 Coaches discussion - Being a female coach	20:30-21:30 Refs discussion - Being a female ref	20:30-21:30 Coaches-Refs meeting : Behavior on the court (Classroom)		Competitions		Discussion - challenges of women officiating	20:30 Players "BBQ party" Coaches, Referees & Staff gathering			
20:00		21:30-22:00 Instructors & coaches WO meeting										21:30-22:00 Instructors & coaches WO meeting
21:00	22:30 Lights out players		22:30 Lights out players		22:30 Lights out players		00:00 Lights out players					
22:00	22:30 Lights out players		22:30 Lights out players		22:30 Lights out players		00:00 Lights out players					
23:00	22:30 Lights out players		22:30 Lights out players		22:30 Lights out players		00:00 Lights out players					

## 12. MEDICAL CARE – INSURANCE POLICY

The National Federations whose members participate in the FIBA European Women's Basketball summit **must insure** their participants against:

1. Accidents which may occur during the travel to and from the country of the competition.
2. Accidents which may occur to members of their team during the competition and for which the organiser is not responsible.

**Copy of Health Insurance Policy for each participant with validity from 11<sup>th</sup> July to 15<sup>th</sup> July must be sent before arriving to the [U15camp@kzs.si](mailto:U15camp@kzs.si) or give copy of it at the check-in.**

The organiser will ensure that there is physiotherapist at the venue for all participants and first-aid is arranged.

This medical care will be at the organiser's expense and will cover any and all accidents, which may occur during any local transportation arranged by us.

### WHAT IS THE EUROPEAN HEALTH INSURANCE CARD?

A free card that gives you access to medically necessary, state-provided healthcare during a temporary stay in any of the 28 EU countries, Iceland, Lichtenstein, Norway and Switzerland, under the same conditions and at the same cost (free in some countries) as people insured in that country.

Cards are issued by your [national health insurance provider](#).

**Important** –the European Health Insurance Card:

- is **not an alternative to travel insurance**. It does not cover any private healthcare or costs such as a return flight to your home country or lost/stolen property,
- does **not cover** your costs if you are **travelling for the express purpose of obtaining medical treatment**,
- does **not guarantee free services**. As each country's healthcare system is different services that cost nothing at home might not be free in another country.

## 13. CONTACT DETAILS

For any question regarding organisation or logistic issue, you can contact Mrs. Lina Dečman Molan or Mr. Marko Molan on e-mail or in urgent matters on mobile phone. If you have any delay or other transport issues, please call one of mobile number below.

**Contact details are:**

Mrs. Lina Dečman Molan  
e-mail: [U15camp@kzs.si](mailto:U15camp@kzs.si)  
mobile number: +386 41 268 976

Mr. Marko Molan  
mobile number: +386 31 604 453

## 14. RULES OF THE SUMMIT

### a) CHECK-IN AT SUMMIT

Each participant need to check-in in the Hostel Proteus where will be given all stuff and additional information.

### b) BASKETBALL COURTS-GYMS

Gyms are used during the 4 days of summit. All participants are responsible for all damages to property that is caused intentionally. All participants must use dedicated shoes for indoor courts.

### c) ROOMS

Leave the rooms clean and tidy. Every night the rooms will be checked by your coaches. Any damages caused intentionally will be participant's responsibility.  
Always make sure that you lock your room and leave your key at the reception.

### d) MEALS AND DRINKS

Each meal includes water and soft drink, other drinks and extras will be at participant's charge.

### e) CLOTHING

Each participant is required to have appropriate apparel for each activity. Before meals, change your apparel.

### f) LIGHTS OUT

After 23:00 all lights and radios have to be switched off.

### g) INJURIES AND ILLNESS

In case of injury or illness, you are strongly required to inform your coach and management of summit immediately.

### h) MEDICAL CERTIFICATE

It is strongly recommended that participant present a Health Insurance Policy while signing in.

### i) LOSS AND ROBBERY

The organiser is not responsible for any lost or stolen items.

### j) RULES FOR THE PLAYERS:

Alcohol, cigarettes and other illegal substances are strictly forbidden. If any player breaks this rule, the LOC will inform her coach, federation and parents and most probably will be removed from the summit.

### k) RULES FOR ALL PARTICIPANTS:

Alcohol, cigarettes and other illegal substances are strictly forbidden to bring in hostel during the summit. Also smoking is not allowed inside and in surrounding of the Hostel.

## 15. WHAT TO PACK FOR THE SUMMIT?

- personal document (ID card or passport)
- sports' shoes for indoor and outdoor (players, coaches and referees),
- shirts, shorts and socks for each day - practices and games,
- clothes for free time,
- jacket and long trousers in case to visit Postojna Cave (inside temperature is around 12 Degrees),
- umbrella,
- personal toiletries and slippers,
- towels for shower,
- sun cream,
- hat with a shield ("baseball" cup) in case of outside activities,
- referees: uniform for officiating (long black pants, black sport shoes).

## 16. WHAT I GET AT THE SUMMIT?

### Player:

- Reversible basketball shirt and shorts
- T-shirt
- Basketball ball
- Water bottle
- Some promotion materials

### Coaches & referees:

- 2 T-shirt
- 2 shorts for coaches and 1 shorts for referees
- Water bottle
- Referee's whistle
- Some promotion materials

## 17. CLOSING CEREMONY

Last evening and after all activities will be closing ceremony by awarding prizes and awards for each participant.

## 18. USEFUL INFORMATIONS

### a) FREE TIME

Players will have some free time in the afternoons. More information will be given during the summit. However; no one can leave Hostel without permission and players can go in near café-shops, ice-cream or shopping mall in smaller groups.

### b) INTERNET

Internet in Hostel will be free of charge and will be available in common area.

### c) INFO POINT

At the info-point will be published all useful information: practices, games, 3x3 competition, meals schedule, meetings, departures, rules and other details so will be needed to check it regularly.

### d) MEETING ROOM

It will be used for regular meetings according to program and also for common activities. It is equipped with computers.

### e) SECURITY OF PERSONAL ITEMS

All participants are responsible for their own personal stuff

### f) LOCAL INFORMATION

#### LOCAL CURRENCY

The official Slovene currency is Euro.

Everyday purchases can be paid with cash or credit cards, accepted by the shop.

Foreign currencies can be exchanged at banks, post and exchange offices.

Credit cards: hotels, restaurants and shops accept credit cards (Visa, EuroCard/MasterCard, Diners, American express) and MaestroCard.

#### MISCELLANEOUS

The telephone code for Slovenia is: +386.

Slovenia lies in the GMT+1 Time zone (Central European Time).

#### ELECTRICITY

The electric network in Slovenia operates on an alternating current network with the tension level of 220 V and frequency of 50 Hz.

#### LOCAL WEATHER

Slovenia lies between Alpine and Karst region. It is also influenced by the Mediterranean streams, in summer this means nice hot weather, with July/August average temperatures of 24 degrees Celsius.

**THE MOST IMPORTANT RULE IS:**

**ENJOY YOUR STAY AT THIS EVENT**